

RAINBOW DAYCARE INC. MONTHLY MENU

November

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Breakfast

Breakfast rotates weekly. Milk is served with Breakfast and Lunch

Cereal, Banana	Eng Muffins, Oranges	French Toast, Apples	Oatmeal Muffins, Melon	B-fast burritos, Pears
Bagels, Bananas	Waffles, Applesauce	Pancakes, Oranges	C-cheese, peaches	Blueberry Muffin, Apples

A.M. Snack

AM Snack	Grahams & Milk	Apples/S.B.&Juice	Gold Fish/Juice	Alphabet Crackers	Trail Mix & Juice
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Lunches

1st. Week 11/1-11/4	31 Waffles & Sausage Appleauce Pears	1.Chicken r Nuggets Green Beans Melon	2.BBQ Chicken Carrots,Wheat Bread Bannanas	3.Mac&Cheese&Turkey Corn, Wheat Bread Oranges	Chicken Soup Broccoli Apples
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2nd. Week 11/7-11/11	7.Grđ. Turkey&Cheese Mixed Veggies melon	8.Turkey & Noodles Green Beans Apples	9.Sloppy Joes Peas Oranges	10.Chicken Salad Sand. Broccoli Bananas	11 Closed
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3rd Week 11/14-11/18	14. S.B. & Banana's Sandwiches/Peas Pears	15.Meat Loaf Mixed Veggies Oranges	16.Turkey Chilli Green Beans Apples	17.Spanish Chicken Peas Applesauce	18.Pita Pizzas Corn Pineapple
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4th Week 11/21-11/25	21.Chicken Parmesan Broccoli Apple smiles	22.Turkey Taco Salad Green Beans Banana	23.Baked Chicken Corn,Wheat Bread Pineapple	24. Thanksgiving Closed	25 Holiday Closed
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December

December

5th Week 11/28-12/2	28.Grilled Cheese Broccoli, Peaches	29.Turkey Spaghetti Squash Apples	30. Turkey Bean Soup Mixed Veggies Banana	1.Chicken Burgers Peas Oranges	2.Broccoli Quiche Carrots Pears
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P.M. Snack

PM Snack	Cheese Puffs & Milk	Cheese & Crackers	Wheat Thins & Juice	Rice Cakes & Juice	Animal Crackers & Milk
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